

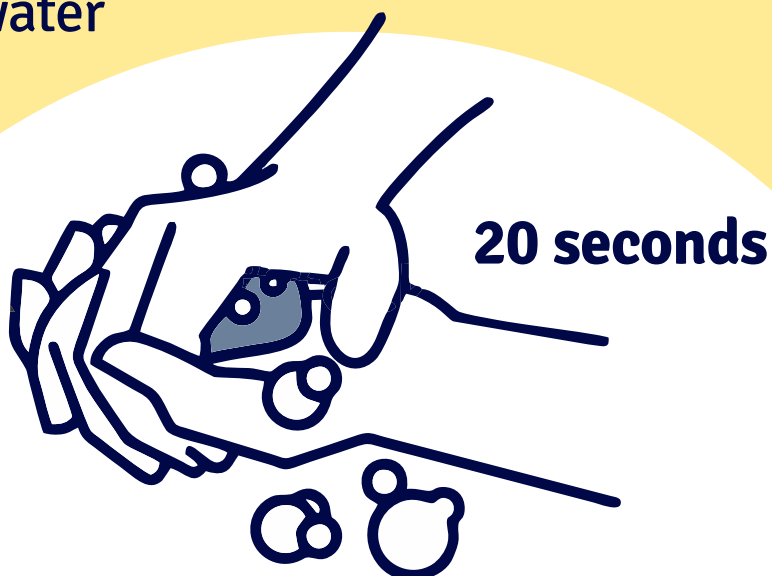


**PREVENT  
THE SPREAD  
OF COVID-19**

#TakeResponsibility  
#COVID19Nigeria

# **WHY YOU SHOULD WASH/SANITISE YOUR HANDS FREQUENTLY**

- Hands are the primary way by which the virus causing #COVID19 is transferred from person to person or from a contaminated surface to a person
- Avoid touching your eyes, nose and mouth with unwashed hands
- Wash your hands frequently with soap under running water



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