



Standard Operating Protocol (SOP) for home care of contacts of (COVID-19) suspects cases

Purpose

Provide guide on provision of safe home care for contacts of patients with suspected COVID-19 infection.

Target

- Health care workers
- Care givers in the community

Activities to adopt:

- Monitor health of contacts of COVID-19 suspect cases for 14 days from the last day of possible contact
- Seek immediate medical attention if they develop any symptoms
- Establish and maintain communication link with a health care provider for the duration of the observation period – 14 days after contact
- The health care personnel should :
 - review the current health status of the contacts daily
 - give advance instructions on
 - health facility to seek care when a contact becomes ill
 - most appropriate mode of transportation (avoid use of public transportation)
 - infection control precautions (see SOP on IPC)
 - Notify the receiving health facility that a symptomatic contact will be coming to their facility, if that happens
- While traveling to seek care, the ill-person should:
 - Wear a medical mask
 - Avoid public transportation to the health care facility, if possible, use an ambulance or private vehicle
 - Always perform respiratory hygiene – cough or sneeze into the elbow
 - Always perform hand hygiene – regularly wash hands with soap and water
 - Do not shake hands with other people
 - Stand or sit at least 1 meter away other individuals
 - **Appropriate hand hygiene should be employed by the ill contact and caregivers**
 - Any surfaces soiled with respiratory secretions or body fluids during transport should be cleaned and disinfected with 1-part bleach to 99 parts water