

# CORONAVIRUS (COVID-19)

## PREVENT COVID-19 SPREAD



**Wash hands with soap  
under running water.  
Where there is no soap,  
use hand sanitiser**

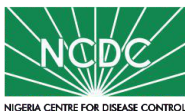


**0800 97000010 (Toll Free)**  
Whatsapp: +234-708-711-0839 SMS: +234-809-955-5577  
[covid19.ncdc.gov.ng](https://covid19.ncdc.gov.ng) [ncdc.gov.ng](https://ncdc.gov.ng) | @NCDGov



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# CORONAVIRUS (COVID-19)

## PREVENT COVID-19 SPREAD



If you have returned from  
any country within the last 14  
days and you have a fever,  
cough, or breathing difficulty,  
stay home and call NCDC toll  
free line



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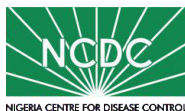
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# CORONAVIRUS (COVID-19)

## PREVENT COVID-19 SPREAD



**If you have returned  
from any country in the  
last 14 days, stay at  
home and isolate  
yourself**



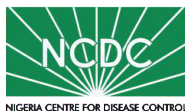
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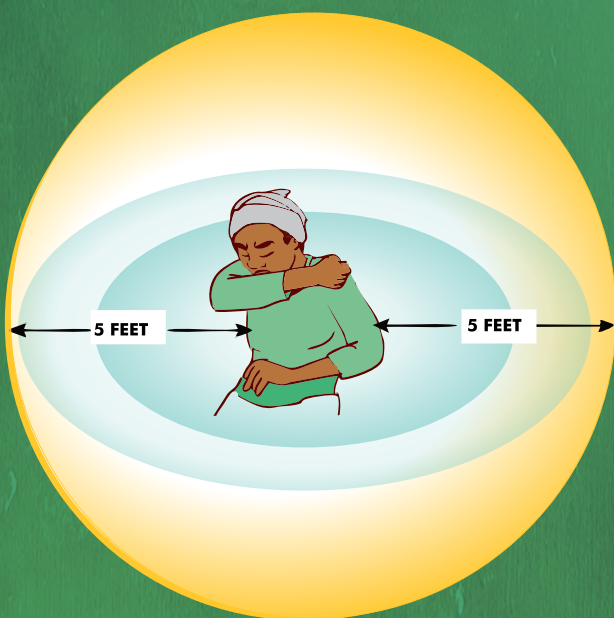






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## PREVENT COVID-19 SPREAD



**Maintain at least 2  
metres distance between  
yourself and anyone  
who is coughing or  
sneezing**



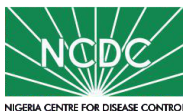
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**Cover your nose and mouth with your bent elbow or tissue when you cough or sneeze. Dispose properly into a dustbin**

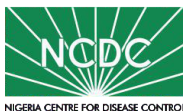


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COVID-19 SPREAD**

## OFFICIAL INFORMATION CHANNELS

**FEDERAL MINISTRY OF HEALTH**

**NIGERIA CENTRE FOR DISEASE  
CONTROL**

**LAGOS STATE MINISTRY OF  
HEALTH**

**Do not spread fake  
news. These are the  
official channels for  
COVID-19 updates**



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